



Neighbourhood Link  
Support Services  
睦邻社

**Mandarin Community Support Group**  
**中文社区互助会**  
**May 2010 Calendar**  
**二零一零年五月活动表**



Sunday 星期日	Monday 星期一	Tuesday 星期二	Wed 星期三	Thursday 星期四	Friday 星期五	Saturday 星期六
						<b>1</b> 10:30am – 2:30pm Computer class 电脑班 (3036 Danforth Ave.)
<b>2</b>	<b>3</b> 10:00am-3:00pm Information & Referral (By appointment) 社区咨询(预约)	<b>4</b> 10:00am-3:00pm Information & Referral (By appointment) 社区咨询(预约)	<b>5</b>	<b>6</b> 10:00am-11:00am Workshop : Healthy Eating 饮食健康讲座 (5) (11 Coatsworth Cres)	<b>7</b> 3:00pm-8:00pm Friday Program 周五活动	<b>8</b> Computer class cancel 电脑班暂停
<b>9</b>	<b>10</b> 10:00am-3:00pm Information & Referral (By appointment) 社区咨询(预约)	<b>11</b> 10:00am-3:00pm Information & Referral (By appointment) 社区咨询(预约)	<b>12</b>	<b>13</b> 10:00am-11:00am Workshop : Healthy Eating 饮食健康讲座 (6) (11 Coatsworth Cres)	<b>14</b> 3:00pm-8:00pm Friday Program 周五活动	<b>15</b> 10:30am – 2:30pm Computer class 电脑班 (3036 Danforth Ave.)
<b>16</b>	<b>17</b> 10:00am-3:00pm Information & Referral (By appointment) 社区咨询(预约)	<b>18</b> 10:00am-3:00pm Information & Referral (By appointment) 社区咨询(预约)	<b>19</b>	<b>20</b> 9:00am – 6:00pm Day trip: Royal Botanical Garden , Hamilton city tour 皇家植物园及咸美顿市 一日游	<b>21</b> 3:00pm-8:00pm Friday Program 周五活动	<b>22</b> 10:30am – 2:30pm Computer class 电脑班 (3036 Danforth Ave.)
<b>23</b>  <b>30</b>	<b>24</b> 10:00am-3:00pm Information & Referral (By appointment) 社区咨询(预约)	<b>25</b> 10:00am-3:00pm Information & Referral (By appointment) 社区咨询(预约)	<b>26</b>	<b>27</b> 10:00am-11:00am Workshop : Bone healthy (1) 骨骼健康讲座(1) (11 Coatsworth Cres)	<b>28</b> 3:00pm-8:00pm Friday Program 周五活动	<b>29</b> 10:30am – 2:30pm Computer class 电脑班 (3036 Danforth Ave.)

**Note:** I & R on Monday and Tuesday are located at 3036 Danforth Ave.

**Inquiry:** (416)693-4762 Phebe Pang & Amy Wu

Friday Programs are located at 8 Amroth Ave (Logo Baptist Church Saturday computer class is located at 3036 Danforth Ave.

Friday Program includes: table tennis; children games time; free English class; diner (\$2/person, 6 under free); boardroom dancing, drawing class and Chinese instrument practice..

**备注:** 周一与周二社区咨询(预约)的地点设在 3036 Danforth Ave. 周五与周六活动在 8 Amroth Ave (Woodbine / Danforth) 举行乒乓球切磋; 儿童游戏; 免费英文班; 晚餐 (\$2/位, 六岁以下免费); 国画班; 国乐练习班; 健康快乐社交舞学习班。周六电脑班地点设在 3036 Danforth Ave. 联系电话: (416) 693-4762 彭太 或 苏太