



NEIGHBOURHOOD LINK
SUPPORT SERVICES

CONGREGATE DINING VOLUNTEER

Reporting to: The Supportive Housing Team Leader, or other designated Neighbourhood Link Support Services (NLSS) staff member

Job Summary: The Meal Helper works within the Senior Services department for Supportive Housing and provides assistance in the set-up and preparation for, and clean-up from congregate dining in any one of three locations.

The hours required are Tuesdays from 9 am–1pm, **or** every second Thursday from 4 pm–8 pm, **or** the last Tuesday of every month from 4 pm–8 pm.

Duties:

- Wash, cut and assist in preparing fruit, vegetables and other foods as per food safety regulations and under the supervision of NLSS staff
- Set up tables and chairs
- Serve the meal to between 10-40 clients depending on location
- Clean up dishes, tables, the kitchen and dining areas after preparation and after the meal

Qualifications and Requirements:

- Good Communication skills
- Customer service skills
- Ability and Willingness to follow instructions
- Ability to do light to moderate lifting of 10-30lbs
- An interest in food and nutrition
- Ability to work in a team

October, 2011

