



*“Yes! I want to make a contribution toward the Neighbourhood Link **NEW VAN FUND** so seniors can come and go independently in their own community.”*

FIVE EASY WAYS TO DONATE:

- Mail a cheque payable to Senior Link Foundation
- Click on “donate” at www.neighbourhoodlink.org
- In person at 3036 Danforth Ave.
- Ask about making a bequest
- Volunteer your time

KEEP UP WITH THE NEIGHBOURS

Neighbours helping neighbours live, work and play through innovative seniors programs, job-finding opportunities, youth engagement, tailored housing solutions and newcomer integration. Serving East Toronto since 1975. If you are interested in following what we do here, join our mailing list and receive our newsletter, annual report, and event information.

There are 3 ways to contact us:

- Email: info@neighbourhoodlink.org
- Telephone: 416.691.7407 x216
- Canada Post: 3036 Danforth Avenue, Toronto, ON M4C 1N2



INDEPENDENCE. DIGNITY. COMMUNITY.

Charitable Registration Number 891323164 RR0001

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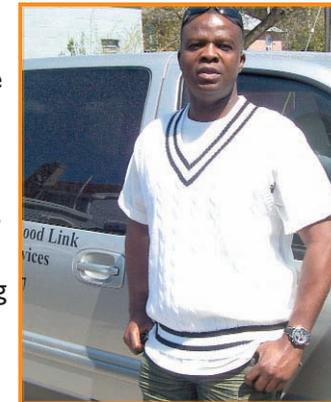
NEIGHBOURHOOD LINK SUPPORT SERVICES • SPRING 2012

NEIGHBOURS HELPING NEIGHBOURS

“Every day is different!”

When asked what the best thing about his job is, Neighbourhood Link driver, **Raphael**, is quick to respond “Every day is different. A simple drive can really make a senior’s life so much easier!”

Some mornings Raphael’s first assignment is to pick up a long time client going to the Adult Day Program for a day with friends. Other days he heads out to drive a client to the hospital for blood work. After dropping the client off at the door and agreeing to meet an hour later for the return trip home, Raphael will be busy taking someone else to their family doctor. For a senior who no longer drives because of physical challenges and the need to see a variety of specialists several



- times a month, getting to appointments becomes a real challenge—physically and financially.

Later in the day Raphael may take a group of seniors to the local grocery store or maybe he stops by the Adult Day Program to pick up clients heading out to the local park for a picnic lunch.

- For a very reasonable fee, Neighbourhood Link provides door to door transportation to seniors who because of physical or financial limitations cannot access public transportation or afford the cost of a taxi.

To book a drive please call 416.691.7407 and ask for Transportation Services.



OUR VOLUNTEERS MAKE A DIFFERENCE

“Veronica has been in Canada for only 4 months. She was referred to the volunteer program by her employment counsellor. She contributes time and skills to the Community Dinner every Thursday. Her exceptional artistic talent brought lots of joy and beauty to the agency float when marching at the Toronto Lions Beaches Easter Parade. Thank you, Veronica, for being part of our team.”

EMPLOYMENT SERVICES IS A HUB OF ACTIVITY

The Resource and Information Centre is open to all job seekers with access to computers, job postings, scanners, fax machines, a photocopier, numerous job search workshops and qualified staff.

Employment counsellors meet with clients individually to create a plan of action. They provide information about the many gov-



ernment programs—**Second Career**, the **Self-Employment Benefit Program** and **Apprenticeship Ontario**—available to help with return

to employment.

Additionally, the new **Moving Forward** program is a specialized 8 week pre-employment program for individuals looking for work who have mental health barriers.

THE NEWCOMERS' CONVERSATION CIRCLE WANTS YOU TO JOIN IN



We need volunteers to help lead the conversation.

For Newcomers the conversation circle program complements ESL classes, builds confidence and affirms new skills in English. Language acquisition is not only about understanding grammar, concepts, and idioms but also builds their self-confidence to communicate. The conversation circle has conversations on subjects such as employment, Canadian business culture, understanding the political system, where to access resources that will help Newcomers to find employment and so much more.

KIDS & YOUTH DISCOVERING THEIR SWEET SIDE

Kick-Start, the after school homework club, has introduced new programs which focus on



nutrition, creative expression, and science. Special guests like representatives from Chocolate Tales carried our imaginations all the way to Africa, Central and South America and parts of Asia, while the youth melted, molded and indulged in their very own chocolates. They discovered their sweet side, got a little messy, and most importantly, had fun!